

Carshalton Boys Sports College Parent Bulletin

No. 17

This week is Blue Week

10th October 2016



The Leadership Academy

On Monday evening, eight year 9 GCSE PE students took part in an induction and team building evening at St Philomena's. The event was an opportunity for the boys to learn about the Sutton Supremo Leadership Academy and start to meet other young leaders across the borough who are also part of the leadership academy. For those of you who haven't heard of this great initiative here is a little bit of information about the academy.

What is the Leadership Academy?

This is a 'Leadership Club' designed to provide high quality, regular support, training and development for young people that are committed to actively volunteering within their school and/or community setting in order to develop and grow them as young people and as leaders and volunteers.



What do I get from the programme?

- Training and qualifications
- Voluntary Experience to add to UCAS form and CV
- Opportunity to work with students from other schools
- Opportunity to be involved in a/multiple festival/competition/event either locally or at London Youth Games.
- Certificates
- T-Shirt/whistle to wear whilst volunteering

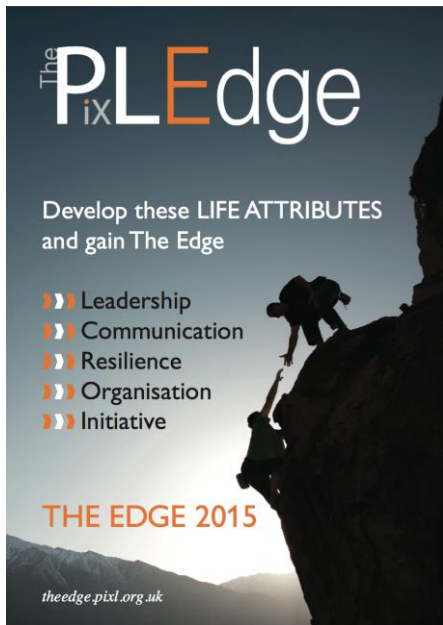
What do I have to commit to?

- You may choose which training sessions/festivals/competitions you attend
- You must commit to volunteering at, at least one festival and competition during the year.



Miss Hendle
PE Department

BLUE WEEK:					
0830 to 0845	Monday	Tuesday	Wednesday	Thursday	Friday
Main Hall	Year 11 - CIW (217)	Sixth Form - PAC (220)		Year 8 - Fadi (240)	
Sports Hall	Lower School 7-8 Black History Month	Tuesday News Day Mental Health Awareness	Guest speaker assembly Year 10 / 11 / 12		Upper school 9-10 Black History Month



Pixl Edge – Year 7 Launch, Emirates Stadium

Training of the 6th Form Pixl Ambassadors is well underway which means on the 31st of October Pixl Edge will launch with Year 7's at CBSC. Following a launch assembly and a rotation of training on the Pixl Edge Database in early November our students will be embarking on their journey on the Pixl Edge Apprentice Level.

Ten lucky year 10's joined us today for the regional Pixl Edge conference at Emirates Stadium. They enjoyed the conference and are now ready to start the programme and support their peers. Paula

Chris Bradford Author Visit

On Tuesday 11th October the award-winning author Chris Bradford will be visiting our school. He will be giving a presentation to the whole of year 9 during period 5 and letters have been sent home to inform parents. Therefore, if you are timetabled to teach year 9, it would be appreciated if you could come to the main hall during period 5 to assist. Hopefully the students will find the presentation enjoyable and advantageous. Thanks in advance for your support.

Thanks

Amy Slinger

CBSC Ukulele Club

It's the news everyone has been waiting for....CBSC now has a Ukulele club! The group so far consists of 8 students, rehearsals have begun and we have so far managed to learn 4 simple chords. The students and I are working on a performance of *House of Gold* by 21 Pilots, a popular song amongst the boys at the moment. This week we will begin rehearsing a couple of other songs including *So You Wanna be a Boxer* from Buggy Malone. Any secret Ukulele enthusiasts amongst the CBSC staff are more than welcome to come along!
Katie



Music News

Instrumental tuition continues to thrive with many new Y7 students taking up woodwind, piano and guitar. We also have secured more funding from HR Taylor to enable pupil premium students who have opted for music at KS4 to benefit from instrumental lessons

Well done to Fahim Shanji in Y11 for achieving his Grade 2 Associated Board Clarinet Exam

Carshalton Boys Music Department presents the Xpress Talent Show!

Qualifying performances will take place on 1st November leading through the final performances. The students are really excited and many have signed up for this. Do you have what it takes to be a judge or competitor? If interested see Juliet Porter



SUTTON SCHOOLS SPORT PARTNERSHIP DELIVER A...



JUNIOR FOOTBALL LEADERS AWARD COURSE



On Saturday 1st October 5 Boys from CBSC and 2 girls from Nonsuch High School for Girls completed the theory and practical part of the Junior Football Leaders Course, they now have a 4 hour work experience final part to complete to gain the award.

The course covers 4 areas – assisting football activity sessions, an introduction to refereeing, helping with a team and running different football events.

The group worked very hard in both the practical and theory sessions and despite the rainy weather we did manage to get outside for one practical session in the afternoon.

Good Luck to the students in completing their work experience

Junior Football Leadership Course

Last Saturday five Carshalton Boys took part in the FA Football Junior Leadership course which was held at Carshalton Boys. Despite the rain, all boys received fantastic feedback! The tutor was really impressed with all the boys, especially Jack Willard in year 9. She said "I was really impressed – Jack Willard he did well considering he was the youngest by quite a way". The boys will be putting the skills and techniques they have learnt through the course, by assisting with coaching and refereeing for the school teams.

Jessica Hendle

PE Department



Year 7A Football- Wilsons 4-5 Carshalton Boys
 Year 7B Football- Wilsons 2-3 Carshalton Boys
 Year 8 Football- Wilsons 2-0 Carshalton Boys
 Year 8 Football- Forest Hill 6-0 Carshalton Boys
 Year 8B football- Wilsons 2-6 Carshalton Boys
 Year 9 Football- Wilsons 1-6 Carshalton Boys
 Year 9B Football- Wilsons 1-5 Carshalton Boys
 Year 9 Football- Carshalton Boys 4-0 St Peters
 Year 10 Football- Wilsons 1-1 Carshalton Boys
 6th Form Football- Sutton Grammar 3-2 Carshalton Boys
 CPFC Academy- Crystal Palace (CAR) 5-2 Crystal Palace (SNW)

Carshalton Boys Sports College
 Café Menu 10.10.2016

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal 1	Chicken in Sweet & sour sauce	Sausage & mash In a Yorkshire	Roast beef	Fish & chips	BBQ Ribs
Main Meal 2	Shepard's Pie	Slow cooked Beef & ale Casserole	Roast Chicken	Fish finger Fish cakes	Chilli beef Nachos
Vegetarian	Sweet & sour Tofu	Courgette & chick pea bake	Stuffed Mushroom	Roasted vegetable quiche	Three cheese Ravioli
Fish Special		Cajun baked Tuna			
Potato	New potatoes	Mash	Roast Potatoes	Chips	Garlic Potatoes
Vegetables	Courgettes & Green beans	Peas & Carrots	Roast assorted Vegetable	Baked Beans	
Food fact	An average ear of corn has an even number of rows , usually 16.				
Pasta Bar/Grab & Go Bar	Pasta Bar	Chicken curry & Rice	Pasta Bar	Chicken & Chips	Pasta Bar
Refuel 2	A selection of hot panini Sandwiches hot food and drinks served daily				
Desserts	Coconut Slice	Lemon drizzle Cake	Apple Crumble	Cherry Slice	Assorted sweets
Meal Deal £1.90 Choice of any Hot meal with a cup juice and a choice of a fruit bag or piece of fruit or small fruit tub					

08/12/16

