

Carshalton Boys Sports College Parent Bulletin

No. 24

This week is Gold Week

5th December 2016



Parking on Winchcombe Road

We have recently received notification from the parking enforcement officer at the London Borough of Sutton explaining that, due to a number of complaints from local residents, they will be increasing the number of parking enforcement visits over the coming months.

Residents have complained that parents are parking on school zigzags, on the pedestrian crossing, ignoring yellow lines and blocking driveways.

Please can we remind parents of the need to park carefully and of being mindful of the local residents.

They have asked us to remind parents that it causes safety issues for pupils entering and leaving the school if they are parked in the restricted area



SEN Drop In

This week the SEN department are trialling a new drop in open session on the morning Tuesday 6th December. We have invited in the parents or carers of students with an EHCP so that they can come and discuss their sons' progress and review and contribute to the new IEPs

Maths Intervention

Maths intervention was lucky to have a massive 16 sixth formers volunteer their time to help year 8 and 9 students develop their numeracy skills. We were really impressed with the turn out and the year 8 and 9 students were able to benefit from one to one help.



Poppy Appeal

This year, Carshalton Boys donated £309.77 to the Poppy Appeal this year. £90 up on last year. Thank you for all of your support.

Crystal Palace Community Basketball

Last Friday eleven year 11 and 10 students took part in a Crystal Palace community basketball fixture against Woodcote High School. The boys not only won the fixture with an impressive score difference of 82-24, however what was more impressive the way the students conducted themselves and showed great sportsmanship. Some of the students taking part from Woodcote High School did not have much previous experience in basketball, and the boys supported the opposition and gave tips and encouragement following the game."

Well done to the following students:

Kwayera Cumberbatch-Wynher
Dorian Soloman-Miller
Simon Czerwik
JASON HANSON
Mat Stasiulaitis
Scott Belton
Achish Quansah
Alvin Gasangwa
Kevin McDonald
Anmol Pun
William Longmatey

Miss Hendle



On Wednesday evening we held the First Give final, which was a great success. All year 8 boys that were involved showed great courage, enthusiasm and passion when presenting about their charities.

The winning group from 8E won £1000 for The Neuro Foundation. The Neuro Foundation is a very small local charity which supports people with Neurofibromatosis, a condition that affects the nervous system. The director of the charity was reduced to tears when 8E (Tom B, Max, Pravin, Charlie S) won and was so grateful that the boys raised awareness of a condition which very few people know about.

There were two runners up prizes of £250 each which went to 8M (Barney and Yaser) for 'Breaking barriers', a charity that supports refugees and then to 8P (Thomas, Kieron, Reis and Harry) representing MIND.



Watching our boys connect with their local communities and getting involved in active citizenship was very rewarding and we are very proud.

Thank you so much for everyone's support leading up to and on the night itself. It wouldn't have run so smoothly without you.

Leanne and Ben

CBSC Welcomes Back Paralympic Legend

On Tuesday of this week the PE department welcomed back Paralympic runner Tim Prendergast to work with some of GCSE and A-level students. Having heard his amazing story during his first visit all of the boys were really keen to learn from him and link this in to key areas of the GCSE and A-level specifications. During the A-level sessions Tim touched on sports psychology, elite athlete development and funding along with goal setting and physiology. In the GCSE session Tim focussed on fitness and elite training methods and the day to day life of a paralympian.



This is the 3rd year of the Sky Sports Living for Sport programme and the projects we have covered have been of massive benefit to all of the students as well as the PE department.

Weekly Results

Year 7a Football – Sutton Grammar 0 vs 2 Carshalton Boys
Year 7b Football - Sutton Grammar 2 vs 2 Carshalton Boys
Year 8a Football - Sutton Grammar 1 vs 1 Carshalton Boys
Year 8b Football - Sutton Grammar 1 vs 3 Carshalton Boys
Year 9 Football - Sutton Grammar 0 vs 3 Carshalton Boys
Year 9 Football – Carshalton Boys 7 vs 1 Cheam
Year 10 Football - Carshalton Boys 7 vs 0 Wallington Boys
Year 10 Handball - Carshalton Boys 15 vs 3 Wallington Boys
Year 10 Handball - Carshalton Boys 19 vs 1 Glenthorne
Year 10 Handball - Carshalton Boys 12 vs 9 Harris Dulwich
Year 10 Handball - Carshalton Boys 10 vs 6 Glenthorne (Year 11's)
Year 10 Football – Glenthorne 4 vs 5 Carshalton Boys
Year 10 Basketball – Carshalton Boys 41 vs 45 Harris Academy Crystal Palace
Year 11 Football – Norwood 1 vs 2 Carshalton Boys
Crystal Palace – Plymouth 1 vs 0 Crystal Palace

Carshalton Boys Sports College

Café Menu 05.12.2016

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|--|---|----------------------|-------------------------|----------------------------|--------------------|
| Main Meal 1 | Chicken curry | Sheppard Pie | Christmas Dinner | Fish & chips | Mexican Nacho Beef |
| Main Meal 2 | Beef stew in Yorkshire | BBQ Chicken | Roast Turkey | Fish fingers Fish cakes | Beef burger |
| Vegetarian | Lentil Curry | Macaroni cheese | Vegetable Slice | Vegetable Lasagne | Pepper Quiche |
| Fish Special | | | All for £1.90 | | |
| Potato | Rice | Roasted new Potatoes | Roast Potatoes | Chips | Special Rice |
| Vegetables | Courgettes & Peas | Carrots | Peas carrots Sprouts | Baked Beans | |
| Food fact | The term " <i>pigs in a blanket</i> " often refers to hot dogs, Vienna sausages, cocktail or breakfast/link sausages wrapped in biscuit dough, pancake, or croissant dough, and baked. The first written record of <i>pigs in a blanket</i> occurs in Betty Crocker's Cooking for Kids in 1957. | | | | |
| Pasta Bar/Grab & Go Bar | Pasta Bar | Sausage & Mash | | Chicken & Chips | Pasta Bar |
| Refuel 2 | A selection of hot panini sandwiches Hot food & drinks | | | | |
| Desserts | Peach Sponge | Apple crumble | Christmas muffin | Fruit Slice | Assorted sweets |
| Meal Deal £1.90 Choice of any Hot meal with a cup juice and a choice of a fruit bag or piece of fruit or small fruit tub | | | | | |

